

## Mark D. Wigod, MD, PA - Consent Highlights

You have been provided a detailed consent for your procedure which was produced by the American Society of Plastic Surgeons. To supplement this general document, Dr. Wigod will discuss the following points as they specifically relate to your surgery:

**Pain-** Everyone experiences pain differently. You will be provided a prescription for pain medication. Local anesthetic may decrease your pain during and after the surgery. Pain is usually at a reasonable level 1-2 days post operatively and most patients return to work and activities of daily living from a few days to 2 weeks. You will also receive a prescription for anti-nausea medication, if desired.

**Infection-** Any wound may become infected. Measures to minimize chances of infection include antibiotics during the operation, using good surgical technique, and maximizing time efficiency in the operating room. You will receive antibiotics after the surgery if you have evidence of an infection or have implants placed. In rare instance, you may require further procedures or admission to the hospital to control an infection.

**Scar-** All wounds scar. It is the Plastic Surgeon's job to provide the best scar possible. The quality of your scar depends upon conditions at operation and your own personal scarring characteristics. Most scars may be minimized by using silicone strips or ointment. These products are available for sale in our office.

**Bleeding-** No surgeon would leave the operating room without having appropriately controlling all bleeding. Nonetheless, bleeding after an operation does occur. Under rare circumstances, you may need to return to the operating room to remove blood and control bleeding. For some operations, you may have drainage tubes to help control both bloody and clear drainage. They will be removed when the surgeon feel it is the right time. Fluid build-up after drain removal is called a seroma and may require drainage.

**Nerve Issues-** All operations disrupt nerves to some extent. There is potential for decreased sensation, altered sensation, and under rare circumstances, decreased muscle function. These changes usually resolve, but may be permanent. Specific risks will be discussed with you.

**Aesthetic Issues-** Every effort will be made to give you the best cosmetic result possible for your surgery. Results, however, are largely dependent on what your own body will allow the surgeon to do safely. No body starts or will become exactly symmetric. You have been provided photo examples of what improvements may be possible, but cannot be guaranteed. Realistic expectations are important to your ultimate satisfaction. Under rare circumstances, you may require further procedures for an optimal result.

**Health Issues-** Plastic Surgery is usually elective, so every effort is made to make your operation as safe as possible. Major health problems, although rare, can occur. Operations performed as an outpatient expect the patient to go home, but may require admission to the hospital in case of emergency.